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What is the meaning of p a t i e n c e

I hate it when someone says to me, “Thank you for your patience.” It usually means that I have every reason to be impatient and that someone is trying to make me be patient when I have no desire to be. Delayed at an airport at Christmas time, unable to do anything about it, faced with the incompetence of airline employees, I get impatient. Who wouldn’t? After all, isn’t impatience in the face of injustice a good thing? When Paul talks about patience (makrothumia) as one of the fruits of the Spirit he means something quit different from quietly waiting when you would rather get on with it. He means that the Spirit will inspire in us persistence and centeredness. Patient people persist in doing what is good and right until they accomplish what they intend to accomplish. In order to do that, patient people are focused. They cannot be pulled away from their central convictions and goals. For example, an ancient writer once said that the key to Roman success was their “policy and patience.” By patience the author meant the Roman quality of persistence in the pursuit of victory, by never making peace in defeat. Another example is found in the life of Abraham. God promised him a son and he waited patiently, according to Hebrews 6:15, until he received what was promised. We might argue that Abraham was anything but patient; he accepted Sarah’s idea of a liaison with Hagar which resulted in the birth of Ishmael. But that objection ignores the fact that, even in the affair with Hagar, he was confident that God would provide him a son. Through it all, Abraham was centered on God’s promise. Another illustration of this persistent centeredness comes from the ancient Christian preacher, St John Chrysostom. He defined patience as “the spirit that could take revenge if it liked, but utterly refuses to do so.” The Graeco-Roman world did not view this kind of patience with admiration. In fact, they despised it. The scholar William Barclay contrasts the Christian attitude of patience with one of the great Greek virtues (megalopsuchia) which refused to tolerate any insult or injury. The Christian patience that never seeks revenge does so because it is so centered on the good of the other person that it cannot tolerate the idea of harming that person. That is surely why Paul puts patience first in his list of descriptors for love (1 Cor. 13:4). Years ago, a news report described the story of a newly married young woman who suffered severe brain injury in a terrible car accident. After weeks in a coma she gradually regained consciousness, but it soon became apparent that her recent memories had been erased. She recognized her parents but when her new husband entered the room she ask, “Who is he?” She ignored him and rebuffed his attempts to get close to her. Eventually she came to accept the fact that she had married him, but it was clear that she had no memory of their common history. The husband chose the way of patience. He remained committed to her, cared for her in her convalescence, and eventually took her home to the place she had decorated in her own unique style. Life was difficult for them, because they had to get acquainted all over again. Counseling helped them get through some rough periods. But because the husband had committed himself to his wife “in sickness and in health”, he remained patient in the relationship despite the difficulties and hardship he had to endure. In the Hebrew Scriptures that kind of patience is called “long suffering.” It is one of the prime characteristics of God. He does not take revenge on those who slight him or ignore him. Rather he reaches out in love for each of his children. The Greek language has another, more interesting word, for patience — hupomone. In contrast to makrothumia, which they despised, the Greeks saw hupomone as a great virtue since it describes a courageous endurance that defies evil. Far from being passive, this quality involves an active resistance to hostile powers. It describes a wounded soldier who endures the pain and keeps fighting the enemy. It describes the ability of a plant to live under hard and unfavorable circumstances. It describes a man who loves honor more than anything and stands firm in the face of those who would persuade him to act dishonorably. In short, it is a “conquering constancy,” a steadfastness in face of pressure to give in. In the Greek concept, there was no guarantee of victory or conquest. Steadfastness in the face of evil was admired, whether it prevailed or not. The Hebrew and Christian scriptures also use this word for patience. Basic to the biblical idea of patient endurance is a promise. People patiently endure the immediate trial, persecution, or opposition, because they know that there is a promise of something better in the future; there is a promise that the present suffering will come to an end; there is an assurance that evil will be defeated and righteousness will triumph. The biblical perspective never sees that promise as distinct from the Promiser. We patiently endure with a certain hope that God will keep His promise and deliver us. The Greek concept of patient endurance involved an inner strength of soul that could endure hard times, and that was to be achieved by the disciplined schooling of the will. In contrast, the Hebrew Scriptures describe patient endurance as outwardly directed, towards God. It reflects a confident waiting until God intervenes. The Psalmist exhorts us to “wait upon the Lord” (see Ps. 33:20; 37:7). This kind of patience has a particular relevance for us, because the Hebrew Scriptures looked toward the future. God’s people suffer and are persecuted in the present but at some time in the future God will intervene. Those who wait patiently for God to fulfill his promise in the future will be saved (Dan. 12:12). The focus in the Hebrew Scriptures is neither on the hostile opponents, nor on the power of resistance within each person. Rather, the goal is to hold fast to God and not ignore his power and faithfulness (Ps. 27:13, 14; Job 6:11-13). This kind of patience is also a fruit of the Spirit, for God and His promise inspire patient endurance within the ones who wait on Him. It should be clear that this kind of patience is not merely passive resignation. It is not the patience which sits down with its head bowed and lets things descend upon it, inactive until the storm is past. Rather, it is the spirit that can bear things, not simply with resignation, but with blazing hope. Jesus is an example of this kind of patience. The book of Hebrews tells us that Jesus exhibited this kind of patience as he went to the cross (12:2). He patiently endured opposition from sinful men. His patience was certainly not passive. As we read the accounts of His suffering and death, we get the sense that He is in control, not his captors. In the garden when the mob comes to arrest Him, He yields to them, though he doesn’t have to. At the trial He decides when to speak and when not to. He tells Pilate that as his judge, Pilate has no power that was not given to him (John 19:11). He resists the evil that seeks to break His spirit, he resists responding with hatred and anger, and in the end he cries out in triumph: “It is finished.” Thus, as Hebrews tells us, Jesus patiently endured the cross, despising the shame of it, and is now seated at the right hand of God. He was able to go through with the crucifixion, remaining true and pure to the end because he trusted God’s promise of deliverance. The book of Revelation foresees a time of great tribulation and suffering. The third angel of Revelation 14 has a warning message for the earth. Most translations conclude the third angel’s message with verse 11—a grisly warning that those who receive the mark of the beast will be tormented day and night without rest. In fact, a good case could be made that the third angel’s message continues through verse 12, with its call for patient endurance on the part of those who obey God’s commandments and remain faithful to Jesus. Could it be that the third angel’s message is really directed toward the saints, to encourage them to remain patient in their trust in God’s promise of deliverance? But tribulation does not come just at the end of time. Today, in times of loss and grief, we are encouraged to stand fast, to endure patiently, to live on the basis of the promises of the Almighty, and to set our hopes on His ability to defeat evil and death. The opposite of patient endurance is not toe-tapping impatience but giving up, letting go, sinking away defeated, retreating in shame, throwing in the towel. The fruit of the Spirit is not that kind of cowardice. The Spirit inspires within us an active resistance to evil, one that remains constant until it conquers. That persistence is based on the fact that the One who endured the cross is also the One who has conquered death and who promises to come for His own, some day soon. We don’t face the future grimly waiting for the end; rather we look to the future, based on the promises of Jesus. We can hear up under anything—patiently enduring—because we know that whatever we bear in His name will lead us to glory. * * * Sources for this essay are: William Barclay, New Testament Words (Philadelphia: Westminster Press, 1964) s.v. “HUPOMONÉ” and “MAKROTHUMIA.” F. Hauk, “Hupomone” and J. Horst, “Makrothumia” in Theological Dictionary of the New Testament, ed. Gerhard Kittel (Grand Rapids: Eerdmans, 1967). English & Bengali Online Dictionary & Grammar learn it, talk it “I was reading the dictionary. I thought it was a poem about everything.” --Steven Wright Follow us: Definition. Patience is the ability to accept or tolerate delay, problems, or suffering without becoming annoyed or anxious. Meanwhile, perseverance refers to continued steady belief or efforts in spite of discouragement or difficulty. What is perseverance and why is it important? Perseverance can be summed up to mean you’re committed to your goal. Perseverance that’s the key to a successful life. If you keep persevering long enough, you will achieve your true potential. Just remember, you can do anything you set your mind to, but it takes action, persistence, and the courage to face your fears. Why is patience important to success? Patience puts us in direct control of ourselves. And there is no more powerful an aid to success then self-possession. When we are patient, we give ourselves time to choose how to respond to a given event, rather than get emotionally hijacked by our emotions. It allows us to stay gathered no matter what is happening. Why are the virtues of patience and perseverance important to us? It equips them with the knowledge and skill to overcome failures and reach a goal. The strong character that is developed with perseverance also allows people to grow because of patience. Without patience, people will easily give up and therefore they will not be able to achieve their dreams. Why Patience is a virtue? Exhibiting patience means that you can be persistent and stay in something for the long run. Patience is a virtue because it requires self-control. It requires you to have the insight to think about other people and their happiness. How do you describe patience? Patience is a person’s ability to wait something out or endure something tedious, without getting riled up. Having patience means you can remain calm, even when you’ve been waiting forever or dealing with something painstakingly slow or trying to teach someone how to do something and they just don’t get it. READ: How do you mark corrections in proofreading?What is an example of patience? Patience is the quality of waiting calmly without complaining. An example of patience is someone standing peacefully in a very long line. The state, quality, or fact of being patient. The will or ability to wait or endure without complaint. What is patience simple words? the quality of being patient, as the bearing of provocation, annoyance, misfortune, or pain, without complaint, loss of temper, irritation, or the like. an ability or willingness to suppress restlessness or annoyance when confronted with delay; to have patience with a slow learner. Why do we need patience? It is important to be patient and keep going to reach your goals. Once we learn the importance of patience, we can stop worrying when things take longer than we would like. Patience makes it easier to live because it reduces negative emotions like stress, anger, or frustration. How can I develop patience in life? Here are five strategies to increase your patience: Take the long view when making decisions. Our lives are full of decisions, big and small. Create a buffer between activities. Be a patient listener. Practice patience. Seek to reduce your stress. Push back on unreasonable demands. Is patience a good quality? Patience is one of the most difficult qualities to develop in this fast paced and impatient world. We want everything, we want it our way, and we want it now! We think that if we slow down we’ll fall behind. Being impatient is not an attractive quality and results in feelings of guilt for your out-of-control behavior. What does God say about patience? Jesus replied, “You do not realize now what I am doing, but later you will understand.” “Be completely humble and gentle; be patient, bearing with one another in love.” “Be still before the Lord and wait patiently for him; do not fret when people succeed in their ways, when they carry out their wicked schemes.” How can I have patience with God? God’s Timing: Ways You Can Find Patience in Waiting PRAY MORE FERVENTLY. READ AND STUDY GOD’S WORD. SURRENDER TO THE WORK GOD IS WANTING TO DO. LESSON TO BE LEARNED. Do Trust God’s Timing through DIFFICULT SEASONS. Don’t Question GOD’S Timing. Remain Steadfast and have patience in waiting. Is it wrong to pray for patience? The story goes, a Christian should never pray for patience because God will then bring something difficult into their life requiring serious patience. For anyone who believes this, you may not realize it, but this theology is incredibly hurtful and inaccurate. How did Jesus show patience? Jesus Christ supremely displays God’s patient character in his work of salvation. The patience of Jesus Christ is seen in his relationships with people and in his perseverance through trial and suffering to death. Followers of Christ are called to demonstrate patience in all their relationships and circumstances. Why is God so patient? God freely gives us patience because He will never cease to be who He is. And get this: because God’s nature is unchanging, He was and is and always will be patient with us. What is the biblical meaning of patience? The quality or virtue of patience is presented as either forbearance or endurance. In the former sense it is a quality of self-restraint or of not giving way to anger, even in the face of provocation; it is attributed to both God and man and is closely related to mercy and compassion. What are the different types of patience? What patience is: Calm. Persevering. Tolerant. Understanding. Compassionate. Mindful. Hopeful. READ: How long does it take to write a 1500 word essay?What are the 3 types of patients? even in the early stages of your practice. In general, there are three types of patients. Patient #1: “I Have a Problem” Patient #2: Check-Ups and Routine Visits. Patient #3: Patients Looking to Switch Practices. Marketing That Targets All Three Target Markets. What is active patience? So much more than “waiting” So you see, Active Patience is so much more than merely “waiting” for something. With Active Patience we continue striving toward our goal with anticipation of what’s to come, but without fear or frustration. What are the 3 types of patience in Islam? There are three major types of sabr that we are as Muslims taught. The endurance required in order to fulfill the commands of Allah. The restraint required in order to abstain from the prohibitions of Allah. The acceptance of the decree of the Almighty when calamity comes in our direction. What Allah says about patience? And for the sake of your Lord, observe patience. And be patient, [O Muhammad], for the decision of your Lord, for indeed, you are in Our eyes. And exalt [Allah] with praise of your Lord when you arise. So be patient, [O Muhammad], as were those of determination among the messengers and do not be impatient for them. What is Shukr in Islam? Shukr (Arabic: شكر) is an Arabic term denoting thankfulness, gratitude or acknowledgment by humans, being a highly esteemed virtue in Islam. The term may also be used if the subject is God, in which case it takes the meaning of “divine responsiveness”. What is patience in Islam? Ad. The Arabic word sabr comes from a root meaning to refrain and stop. Patience is a virtue which helps us to refrain and stop from doing that which is not good. In a spiritual sense, patience means stopping ourselves from complaining, or panicking, or despairing in times of grief. What is beautiful patience? Beautiful patience is one without disquietude. It is vast in its meanings. It is a virtue that has been mentioned in the Quran over 90 times. It’s an essential characteristic of the Prophets, as God tells us: And [mention] Ishmael and Idrees and Dhul-Kifl; all were of the patient. Why is patience so important in Islam? Patience is a divine shield for the believer. Like the stream the believer moves on with his mission without clashing with others. This positive response of forgiveness in the face of provocation is a main source of cultivating a positive personality. What is tawakkul Allah? Tawakkul (Arabic: توكل) in the Arabic language, is the word for the Islamic concept of the reliance on God or “trusting in God’s plan”. It is seen as “perfect trust in God and reliance on Him alone.” It can also be referred to as God-consciousness. Tawakkul is also considered a natural result of extreme zuhd. How do I trust Allah? 5 Ways to Strengthen Your Trust In Allah Have a relationship with the Quran. Notice how I said have a ‘relationship’ with the Quran versus read more Quran. Make massive dua. Let go of the outcome. Think positive of Allah. Don’t underestimate Allah. What is the importance of patience in life? Yet patience is essential to daily life—and might be key to a happy one. Having patience means being able to wait calmly in the face of frustration or adversity, so anywhere there is frustration or adversity—i.e., nearly everywhere—we have the opportunity to practice it. Why do you need to fulfill your duties with patience and perseverance? Patience and perseverance are essential for achieving any goal, personal or professional. Success is the result of working the process that is necessary for the time that is required. Patience is essential because there will be problems. There will be people who irritate you and situations that frustrate you. READ: Why teamwork is important in the workplace?Why is patience the greatest virtue? Quite often this virtue is essential in dealing with difficulties and difficult people. Patience allows us to be kind to those in a variety of situations and communicate openly to alleviate any misunderstandings and mistrust. The blessing of patience is the freedom to live at our own pace and in our own way. Who originally said patience is a virtue? William Langland What are the benefits of being patience at workplace? In general practising patience can: Result in more realistic expectations and calm behaviour. Limit the task build up, lack of attention and disorganization. Denotes maturity, fosters a consistent identity over time and encourages people to assume responsibilities. How do you show patience at work? How Leaders Develop Patience in the Workplace See through the eyes of others. Listen and question with a positive attitude. Seek perspective from a trusted resource. Remain unbiased. Exercise. Meditate. Set and Plan Your Goals. Positive Rewards. How do I get more patience with people? 4 Tips to Help You Be a More Patient Person, Science Says You Will be Happier Make Yourself Wait. The best way to practice patience is to make yourself wait. Stop Doing Things That Aren’t Important. Be Mindful of the Things Making You Impatient. Relax and Take Deep Breaths. How do you teach patience to students? Teaching Patience in Children 1 – Make it a Positive Experience. When your child is young, it’s hard for them to conceptualize the need for or benefits of patience. 2 – Let Them Experience the Wait. 3 – Keep Your Promises. 4 – Give Them Information. 5 – Have a Countdown or Visual Representation. What does patience mean? : the ability to remain calm when dealing with a difficult or annoying situation, task, or person A person will need patience to do this work. More from Merriam-Webster on patience. Thesaurus: All synonyms and antonyms for patience. What God says about patience? How do you wait patiently? Here are 15 scientific tricks that might make your wait a little easier. Turn on some music. Bring a friend. Be mindful. Think about that money-back guarantee. Accept that waiting is unavoidable. Take a deep breath. Think of it as practice. Remember that the wait feels longer than it is. What requires the most patience in your life? There are things we want to do in life & they require patience. Reaching your goals takes the most patience of all. There’s nothing harder in patience than achieving goals & some goals including having children involve stress, anxiety, torture & misery & the results overcome everything. What does patience feel like? “Patience: the capacity to accept or tolerate delay, difficulty, or annoyance without getting angry or upset.” I don’t know anyone whose life is free of these three. How can I be more patient with my family? 6 Ways to Become a More Patient Parent Ask yourself “why?” It’s hard to believe but most kids don’t just act up because they are defiant by nature or “out of control.” Most kids are acting up for a reason and we have to ask ourselves why. Keep perspective. Refuel your body and mind. Take time for yourself. Get help when you need it. Say a prayer. What do you call a person with great patience? A person with great patience must be call a saint or a monk or probably pe.

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