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## Nordictrack rowers reviews

In terms of design and overall quality, Peloton stationary bikes are great... but they're not really any better than rival workout bikes in the same price range. The reason Peloton is so popular right now has precious little to do with the bike itself, and far more to do with the screen attached to it. A Peloton bike isn't just a stationary bike, it's a portal into a world of interactive workouts designed to maximize your results from each session. Leisuredly pedaling away on a regular exercise bike while you watch reruns of Everybody Loves Raymond is a good workout. But drenching your clothes in sweat while a trainer on your Peloton screen pushes you to the limit is a much, much better workout. That's the idea behind the NordicTrack RW900 Rower, a fantastic modern rowing machine that I have been testing for a little over a month now. It includes all the features you might want in a high-end rower, plus a huge 22-inch touchscreen display that is a gateway to 30 built-in workouts as well as hundreds of additional interactive workouts that are available courtesy of iFit integration. But that's just the tip of the iceberg. Why are gym memberships and personal trainers so popular? After all, people would save tons of money over time if they just bought some workout gear and exercised at home. The simple fact of the matter is that exercising in a public setting, especially with a trainer, drives most people to work out harder. You'll never burn as many calories at home alone as you will with a trainer doing everything he or she can to push you to your limit. The idea behind the NordicTrack RW900 and similar interactive exercise machines is to bring that type of experience into your home. With the RW900 Rower specifically, you get 30 built-in workouts led by coaches who talk you through each phase as you virtually row along dozens of different bodies of water around the world. On top of that, the machine connects you to iFit Coach, a service that gives you access to tons of interactive workouts that are either live or available on-demand. And when I say "interactive," I mean truly interactive. You don't just watch the screen and try to follow along with the trainer, the RW900's magnetic resistance will actually increase and decrease automatically as the instructor goes through his or her workout. It's fantastic, and it means you can focus on giving it your all instead of constantly breaking your rhythm to increase or decrease the rower's resistance. The interactive features of the RW900 Rower are clearly the biggest selling point, but sometimes you're in the mood for a more relaxing row. After all, rowing is one of the best cardio workouts you can do. It's lower impact than running and burns far more calories, plus it hits just about every muscle group and is a great core workout. So when you're not in the mood for an intense interactive workout, a few taps on the 22-inch display set you up with a manual workout, where you can row at your own pace for however long you'd like. Or, if you really want to shut off your brain and watch Everybody Loves Raymond reruns while you row, you can rotate the screen 90° in either direction for an unobstructed view of your TV. There is an HDMI port on back of the RW900's display, but it's an HDMI out rather than an input so you can't connect a different video source. It's easy to fixate on the giant touchscreen and all the cool, interactive features that come along with it, but the RW900 Rower is also a fantastic premium rowing machine without all of those extra features. It's incredibly well-built and has a foldable design so it can easily be stowed out of the way. It's also remarkably smooth, the ergonomic cushioned seat is comfortable, the "Quick-Adjust" pedal system makes it great for multiple users, and it has 10 different levels of manual air resistance in addition to 26 levels of silent magnetic resistance that adjust digitally. The RW900 is as quiet a rower as I've ever used, which is great for focusing on the interactive training sessions — or on Everybody Loves Raymond, if you must. The only real downsides I've found so far are the fact that the HDMI port can't be used as an HDMI in, and the fact that the RW900 is only rated for a maximum weight capacity of 250 lbs. Most comparable rowers are rated for at least 300 lbs, but heavier people won't be able to count the RW900 among their options when shopping for a new rower. With a retail price of \$1,999, the RW900 is not cheap. Even with the sale price of \$1,599 on the NordicTrack website that doesn't seem to be going away anytime soon, the RW900 Rower is still among the priciest options in its class. But thanks to the build quality and all of the awesome interactive features brought to life by that great big touchscreen display, it's worth every penny. The NordicTrack RW900 Rower combines a fantastic design with modern technology to deliver the best interactive rowing workout I have ever experienced. It is undoubtedly my new favorite exercise machine. As a matter of fact, I haven't touched my stationary bike or treadmill a single time since NordicTrack sent me an RW900 to test more than a month ago. Here's a quick video of the NordicTrack RW900 Rower in action: Zach Epstein has worked in and around ICT for more than 15 years, first in marketing and business development with two private telcos, then as a writer and editor covering business news, consumer electronics and telecommunications. Zach's work has been quoted by countless top news publications in the US and around the world. He was also recently named one of the world's top-10 "power mobile influencers" by Forbes, as well as one of Inc. Magazine's top-30 Internet of Things experts. NordicTrack are well known for manufacturing high quality, commercial standard workout equipment and their new RW900 rower is one of their flagship home rowing machines for 2020. However, with a premium price tag to match we thought we'd take it for a test in our comprehensive and impartial NordicTrack Rn900 rower review. There is no getting away from the high(ish) price tag of the RW900 (although we can hag you a £400 saving so read on) and as with most things there are of course cheaper and more expensive alternatives. However, this is very much pitched as a premium level rowing machine and it compares very favourably with even some of its more expensive rivals. Perhaps the standout feature of the RW900 when you first view it is the huge 22 inch capacitive touch screen and although this is impressive, there are other elements in terms of design and functionality that are equally pleasing. We took the RW900 for a 30 day review... here's what we found. NordicTrack RW900 SpecsThe RW900 is one of the highest spec'd home rowers we have come across. From the 22 inch touch screen display to the 26 levels of fluid resistance in addition to 10 levels of air resistance, a folding mechanism and tilting foot pads - it seems that NordicTrack have thought of everything when it comes to this premium home rower. Measuring up at 218cm x 55cm x 125cm (L,W,H) when fully operational and just 113cm x 55cm x 73cm when folded, the RW900 takes up a similar floor space to most commercial rowers but has the added benefit of being easily storable thanks to its clever folding design. Quite often when we see folding exercise equipment it comes at a cost in terms of functionality or stability - there are no such issues here and in fact, we would go as far to say it is one of most well spec'd rowing machines we have seen. Weighing in at 49kg, this is not a lightweight model, but the addition of transport wheels to the front of the unit make moving the rower in to a storage space easy enough. The maximum user weight of the RW900 is 130kg. Almost everything on the RW900 is adjustable in some way. The large 22 inch screen can be tilted so no matter your height you will be able to see the impressive centre console. The seat is oversized and ergonomically designed and is actually comfortable (not just bearable) to sit on. The foot pads are also adjustable so you can workout with the perfect push away angle. Everything else (with the exception of the manual air resistance) is controlled via the console and selecting the fluid resistance is done at the touch of a button and it is all you will need to use once you have an appropriate level of air resistance set. There is also a 12 month family membership of iFit Live that comes supplied as standard with this rower that gives you access to thousands of workouts as well as live sessions which is great for keeping motivated and connected to others when working out at home. See Best Price & Save £400 on NordicTrack RW900RW900 First ImpressionsWhether or not you can describe rowing machines as sexy is perhaps a debate for another day - but if you can, then the Nordic Track RW900 would definitely be classed as incredibly good looking. The monochrome design oozes elegance and sophistication and it is just as smooth on the inside as it is on the outside. Everything about the RW900 speaks of high build quality and excellent workmanship and it seems that NordicTrack have not skimped in any area - something that has set them apart from their competitors for decades. From the handles to the flywheel and from the colour touch screen to the seat - everything is just as you would want it and it will be a welcome addition to any home gym setup. Rowing is without a doubt one of the best all body workouts you can get when it comes to cardio and if you were to choose one piece of equipment for the home to help with cardio we would suggest you opt for a rowing machine. Thanks to the iFit subscription you will also be given hundreds of exercises that take this past the standard functionality of a rowing machine and you will find yourself performing ab rolls, bicep curls and more using the seat in ways you had never thought of. The display is the showpiece of the RW900 and with the built in speakers it really does look and sound the part. Think Peloton for rowing machines and you are on the right tracks. When it comes to first impressions, if you don't fall in love at first sight then you must be dead from the neck down! Using The RW900The RW900 is easy to use and getting started is a cinch. If you are using i-Fit Live then once the initial setup and registration is complete, getting connected to the Wi-Fi and getting started each time is very easy. There are a limited number of rowing workouts at launch but we have it on good authority that these are going to be added to. The steel frame and industrial grade ball bearings with the inertia powered flywheel provide a robust and smooth motion workout. This is an extremely well made piece of kit and it is backed by a 10 year frame warranty (2 year parts, 1 year labour) and with the track record of NordicTrack you just know it is going to last for years and years - unlike some of the budget competitive models. The RW900 colour screen shows all of the data you need including total strokes, strokes per minute, total time, 500m split times, calories and distance. You can easily select a pre-set program or manually select the difficulty level using the fluid resistance. The RW900 uses SMR technology which stands for silent magnetic resistance. Unlike many rowing machines, this model from NordicTrack is extremely quiet thanks to the magnetic resistance. The SMR also produces a smooth and fluid motion and the handles are incredibly comfortable to the touch with a soft touch ergonomic design. Whether you are looking to use the RW900 for fat burning cardio, high intensity workouts, improving strength or improving stamina - it is up to the task and does it in style. One downside to this rower is that you will have to unplug the screen when putting the machine away as there is no power button to the screen. This is not a huge issue although some users have complained about this. Our VerdictThe NordicTrack RW900 is an exceptional home rowing machine. In fact, it is more than that as it offers full body workouts with live support from actual trainers remotely. It is easy to set up, easy to use and easy to store and will go easy on your joints while providing you with a gruelling workout. No matter what your level of experience or your existing level of fitness, the RW900 is perfect for all thanks to its huge 26 (+10) levels of resistance. If you are looking for a long lasting rowing machine that has all the bells and whistles of live workouts through a huge movable touch screen then this is for you. Be sure to claim your £400 saving using the link below. See Best Price & Save £400 on NordicTrack RW900 When you buy a NordicTrack rowing machine you're getting a competitively priced machine with more features and capabilities than you find anywhere else. That has become a hallmark of the brand, and is why all of their cardio equipment, including treadmills, ellipticals and exercise bikes, has become so popular. Their rowers are no exception. After featuring only one machine in the lineup for many years, the RW200, they now have three rowers, all with advanced technology, iFit workouts and touch screen displays. A Look at the Current Lineup As we mentioned there are currently three NordicTrack rowing machines. Let's take a look at each one so you can decide which one is right for you...RW600As of our latest review there seems to be a new NordicTrack RW600 rower in the lineup. This may be replacing the previous RW500. This one has 26 resistance levels, on-demand rowing workouts through iFit, adjustable console and a 10" Smart HD touch screen instead of the backlit display and tablet that the RW500 has. Otherwise everything else seems to be the same as the RW500. We'll keep an eye on this one. RW700Another new addition is the RW700, similar to the RW600 except with a larger 14" Smart HD display. All of the other great specs are the same, save for a few minor design improvements. RW900One of the latest additions to the lineup, the RW900 is very similar to the RW500, except instead of the 10" tablet you get a huge 22" Smart HD touch screen display, just like the one on the company's higher end treadmills and ellipticals. Otherwise, the RW500 and RW900 are essentially the same rowing machine. Recently DiscontinuedRW200The base model in series, the RW200 was recently redesigned to include the company's patented iFit Coach technology. This is an immersive program that gives you access to a vast library of personal trainer designed workouts, tracking and sharing capability and Google maps so you can row anywhere in the world that you choose. In addition to iFit, you have adjustable magnetic resistance up to 24 levels (the previous RW200 had air resistance), 20 built in workout programs, steel monorail, oversized seat and pedals, speaker system, Watts Power Display and a 250 lb. max weight capacity. The RW200 is sold under different names in other countries, so you may see it listed as the RX800 elsewhere, e.g. Canada, UK and Australia. But it is the same machine. RW500The newer RW500 is a more advanced machine, also with iFit Coach technology. But here you get one free year of the service (a subscription is required afterwards) and there is a 10" Portal 10i tablet included so you can see the Google map destinations right on the rowing machine instead of on your tablet on the RW200 rower. You also get 26 resistance levels and 30 built in programs in addition to all of the features and capabilities that the RW200 offers. How Do NordicTrack Rowing Machines Compare to the Competition? According to our reviews NordicTrack rowers stack up quite well against the competition, especially the lower to mid range brands. The RW600, RW700 and RW900 give you features that you just don't find on other machines, even the more expensive ones. One thing that definitely separates the NordicTrack rowing machines from the others is iFit. You will find elements of the program elsewhere, but no other system gives you endless workout choices, Google maps of any location and tracking/sharing capability, along with nutrition recommendations and in-studio on demand classes. You can't find iFit on any other rowing machine, even sister company ProForm's 440R rower, which is made by the same manufacturer ICON Fitness. Other separators include the touch screen displays that you don't typically find on residential rowing machines. These are awesome motivators as they bring a whole new experience to your workouts. You also get very competitive warranties on the NordicTrack rowing machines - 10 years on the frame, 2 years on parts and 1 year on labor. That's a lot better coverage than you get on most rowers these days. How do they compare to the higher end brands? The previous RW200 at \$599 didn't really compete with the commercial brands, but the RW600 at around \$999, RW700 at around \$1299 and RW900 at \$1599 definitely do. That's the only comparison where NordicTrack falls a bit short. The RW900 definitely has more bells and whistles than everyone else, but as far as durability and advanced computing, it doesn't quite compare to brands like Concept 2 and WaterRower, even though it is similarly priced. For example, the Concept 2 Model D has a max weight capacity of 500 lbs., which is double the max user weight on the RW600, RW700 and RW900. So you really have to decide if you want a lot of extras and entertainment, or commercial quality and precise workout stats, at least as far as the RW600, RW700 and RW900 are concerned. NordicTrack Rowers - Bottom Line We like the NordicTrack rowing machines, and user reviews have been quite positive. The iFit technology takes your workouts to a whole new level, with plenty of features to keep you motivated and entertained. You get a lot of built in programs, comfortable seat, adjustable foot straps and console, music compatibility with speaker system, plenty of resistance levels and strong warranties on all machines. Casual rowers will appreciate all of the extras on the RW600, RW700 and RW900, but more serious rowers will be better served with a Concept 2 rower, which is less expensive and much more commercial-grade. Still, with everything they have to offer, NordicTrack rowers remain extremely popular, with plenty of satisfied customers.

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